

UCLA 17th Annual Brain Tumor Conference: March 10 & 11

Join brain tumor survivors, family members, friends and health care professionals at the 17th Annual Brain Tumor Conference, hosted by the UCLA Brain Tumor Center. This conference will offer participants the opportunity to hear leading healthcare professionals speak about the latest treatments for brain tumors. Attendees will also have a chance to learn about symptom management, community resources and social support. Representatives from brain tumor organizations, health advocacy agencies, and support groups will also be available to offer vital information and resources catering to the brain tumor community.

When: Friday, March 10, 2017
8:00am to 5:00pm

Saturday, March 11, 2017
8:00am to 3:15pm

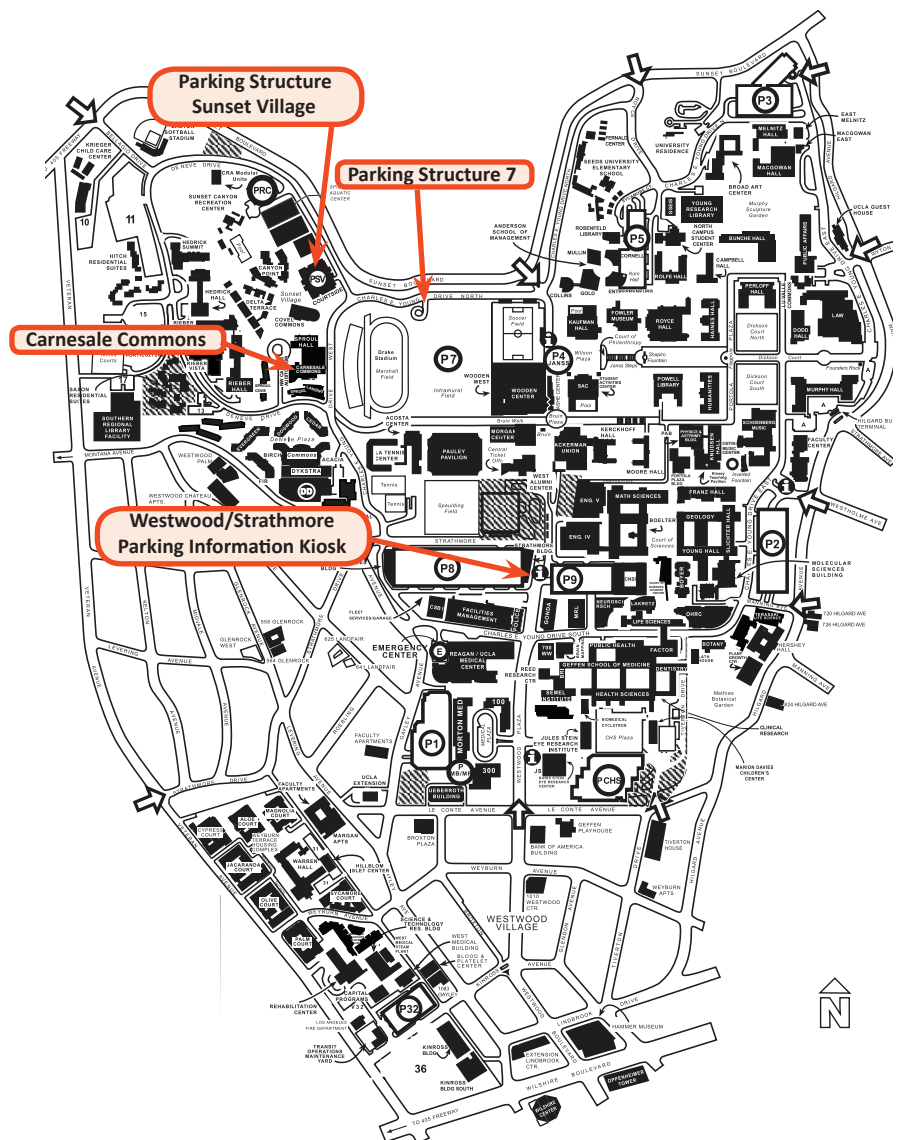
Where: UCLA Carnesale Commons
251 Charles Young Dr W, 3rd Floor
Los Angeles, CA

Parking: Parking Structure Sunset Village (PSV)
* Daily Parking Permit: \$12
* Daily Disabled Parking Permit: \$6

Free Conference Registration at <http://neurooncology.ucla.edu>

DIRECTIONS

- * Take the San Diego Freeway (I-405)
- * Exit Sunset Blvd EAST
- * Head EAST on Sunset Bl, past Veteran Ave
- * Turn RIGHT at Bellagio Drive
- * Make a LEFT at the stop, and continue down the road; Parking Structure Sunset Village (PSV) will be on your Right.
- * Prior to parking, you may choose to drop off guests at the front entrance of Carnesale Commons.
- * **ON FRIDAY, from 7am to 2pm,** purchase a daily parking permit from the attendant stationed at the gate and park in an unrestricted space.
After 2:00pm, if paying via credit card or cash, proceed to park in a designated Parking Pay Station space and go to the nearest Parking Pay Station to pay for a permit. [You may also purchase a parking pass via cash at the UCLA Information and Parking Kiosk located on Westwood Plaza & Strathmore Drive.] Park in an unrestricted space in PSV. Overflow parking will be directed to Parking Structure 7.
- * **ON SATURDAY, from 7am to 12:30pm,** purchase a daily parking permit from the attendant stationed at the gate and park in an unrestricted space.
After 12:30pm, if paying via credit card or cash, proceed to park in a designated Parking Pay Station space and go to the nearest Parking Pay Station to pay for a permit. [You may also purchase a parking pass via cash at the UCLA Information and Parking Kiosk located on Westwood Plaza & Strathmore Drive.] Park in an unrestricted space in PSV. Overflow parking will be directed to Parking Structure 7.
- * Upon exiting the parking structure, please follow signs leading to the Brain Tumor Conference at UCLA Carnesale Commons. Once in Carnesale Commons, take the elevator to the 3rd floor.



Friday, March 10, 2017: General Sessions

8:00 ^{am} **Registration & Continental Breakfast**

9:00 ^{am} **Welcome Note & Overview of Brain Tumors**

Speaker: Timothy F. Cloughesy, M.D.

Professor of Clinical Neurology, UCLA Department of Neurology;

Director, UCLA Neuro-Oncology Program; Co-Director, UCLA Brain Tumor Center

10:00 ^{am} **Neurosurgery Techniques**

Speaker: Won Kim, M.D.

Assistant Professor, UCLA Department of Neurosurgery

TRACK ONE

11:00 ^{am} **Radiation Therapy**

Speaker: Robert Chin, MD
Assistant Professor, UCLA Dept of
Radiation Oncology

**Stereotactic Radiosurgery / Brain
Metastasis**

Speaker: Nader Pouratian, MD, PhD
Associate Professor, UCLA Dept of Neurosurgery

12:15 ^{pm} **LUNCH**

1:00 ^{pm} **Understanding Neuropathology**

Speaker: William H. Yong, M.D.
Professor, UCLA Dept of Pathology and
Laboratory Medicine; Director of UCLA Brain
Tumor Translational Resource

1:45 ^{pm} **Chemotherapies & Biological Agents**

Speaker: Albert Lai, M.D., Ph.D.
Associate Professor, UCLA Dept of Neurology;
UCLA Neuro-Oncology Program

2:45 ^{pm} **Brain Tumor Imaging**

Speaker: Whitney Pope, M.D., Ph.D.
Professor in Residence, UCLA Dept of
Radiological Sciences; Director,
Brain Tumor Imaging

3:30 ^{pm} **AFTERNOON BREAK**

3:45 ^{pm} **Updates in Experimental Therapies**

Speaker: Leia Nghiemphu, M.D.

Associate Professor of Clinical Neurology, UCLA Department of Neurology; Director of Neuro-Oncology Clinical Service,
UCLA Neuro-Oncology Program; Director of Operations, UCLA Brain Tumor Center

TRACK TWO

11:00 ^{am} **Nutrition for Brain Tumor Patients**

Speaker: Carolyn Katzin, MS, CNS, MNT
Integrative Oncology Specialist, Simms/Mann
UCLA Center for Integrative Oncology

12:15 ^{pm} **LUNCH**

1:00 ^{pm} **Understanding Language Impairments**

Speaker: Susan Bookheimer, PhD
Professor, UCLA Dept of Psychiatry and
Biobehavioral Sciences

1:45 ^{pm} **Neuropsychology and Brain Tumors**

Speaker: Patricia Walshaw, PhD
Assistant Professor, UCLA Dept of Psychiatry and
Biobehavioral Sciences

2:45 ^{pm} **Coping with Cancer Fatigue**

Speaker: Arash Asher, MD
Director, Cancer Survivorship and
Rehabilitation at Cedars-Sinai Medical Center;
Cedars-Sinai Samuel Oschin Comprehensive
Cancer Center

PHYSICIAN CONSULT SESSIONS

(Friday, March 10, 2017 Only)

Participants will also have the opportunity to register for a free, 15-minute consultation with a participating physician specializing in neurooncology, neurosurgery, or radiation-oncology (subject to change). Here is your chance to meet with a physician in a one-on-one setting to ask questions regarding your medical care. Appointments are limited and only available on Friday, March 10th. Those interested in a consultation should sign up upon arrival at the registration desk. Appointments will not be taken prior to the day of the event.

UCLA 17th Annual Brain Tumor Conference

Saturday, March 11, 2017: Breakout Sessions

8:00 am Registration & Continental Breakfast

9:00 am [SESSION I]:

A. Tumor Type: Glioblastoma Multiforme & Anaplastic Tumors

Speaker: Timothy Cloughesy, MD, Professor of Clinical Neurology, UCLA Department of Neurology; Director of UCLA Neuro-Oncology Program; Co-Director, UCLA Brain Tumor Center

An in-depth look at treatment options for GBM and Anaplastic Astrocytoma is presented. Learn about first line and recurrent treatments, molecular biomarkers, clinical outcomes, targeted therapies, and the latest on clinical research trials for GBM/AA tumors.

B. Tumor Type: Low Grade Tumors & Oligodendrogliomas

Speaker: Albert Lai, MD, Ph.D., UCLA Neuro-Oncology Program

Get a closer look at low grade tumors. Epidemiology, treatment options and future directions for these tumor types are discussed.

C. Tumor Type: Meningiomas

Speaker: Isaac Yang, M.D., Associate Professor, UCLA Department of Neurosurgery

This lecture will cover the history, pathology and the different classifications of meningioma. Symptoms, standard treatment options and clinical trials for this specific diagnosis will also be covered.

10:00 am [SESSION II]:

A. Understanding the Caregiver Experience: A Caregiver Panel (*Caregivers Only)

Facilitators: Leia Nghiemphu, MD, UCLA Neuro-Oncology Program; Liz Morasso, LCSW, UCLA Department of Radiation Oncology; Jacqueline Dillon, MSW, UCLA Oncology Center; Cheryl Abe, LCSW, MSW, UCLA Department of Neurology

Listen to a panel of caregivers share their experiences with their loved ones and their brain tumors and how they have managed to cope with the effects it has had on their lives.

B. Integrating Psychosocial Support Into Treatment: "The Patient-Active Approach" - A Patient-Survivor Panel

Facilitator: Shannon La Cava, PsyD; Program Director, Cancer Support Community Benjamin Center
Listen to and interact with a panel of patient survivors who share their experiences of living with a brain tumor, and discover the benefits of social support groups.

C. Creative Arts Therapies I: An Experiential Panel Presentation - Music and Writing Therapies

Speakers: Karen Howard, RMT, CEAP, Founder of Music & Expressive Therapy Associates;

Ping Ho, MA, MPH, Founding Director of UCLArts & Healing

Leading experts in creative arts therapy in writing and music will offer an experiential demonstration of the principles of their work. A study published in the Journal of the American Medical Assoc. - Internal Medicine analyzed the outcome of 27 studies of creative arts therapies used with cancer patients and concluded that they were beneficial for reducing anxiety, depression and pain, and improving quality of life. The creative arts therapies offer social, emotional, physical, and cognitive benefits for everyone, including family members and caregivers.

D. Optimizing Communication with Aphasia

Speaker: Natalie Monahan, MS, SLP; Speech Pathologist, UCLA Audiology & Speech Pathology

Aphasia is a speech-language comprehension disorder that can be caused by brain tumors. Learn more about aphasia and what kinds of therapy are available.

E. Mindfulness Meditation as Medicine

Speaker: Emily Lauren Berg, MDiv

Discover mindfulness meditation and how to practice this technique to cultivate peace and balance in everyday life. Learn about the benefits that mindfulness meditation has for cancer patients.

11:00 am [SESSION III]:

A. End of Life Issues I: Symptoms and Clinical Transitions

Speakers: Leia Nghiemphu, MD, UCLA Neuro-Oncology Program

Gather information about end of life care for brain tumor patients, what changes to expect, and information about hospice and palliative care

B. Helping Children When A Parent Has A Brain Tumor

Speaker: Elizabeth Morasso, LCSW, UCLA Department of Radiation Oncology

When a parent is diagnosed with a brain tumor, the diagnosis affects the whole family especially his or her children. Discover how to help children understand and cope with their parent's diagnosis.

C. Creative Arts Therapies II: An Experiential Panel Presentation - Movement and Art Therapies

Speakers: Lori Baudino, PsyD, BC-DMT, Licensed Clinical Psychologist & Dance/Movement Therapist, UCLA Mattel Children's Hospital; Myriam Savage, PhD, RDT/BCT, UCLArts & Healing

Leading experts in creative arts therapy in art and movement will offer an experiential demonstration of the principles of their work. A study published in the Journal of the American Medical Assoc. - Internal Medicine analyzed the outcome of 27 studies of creative arts therapies used with cancer patients and concluded that they were beneficial for reducing anxiety, depression and pain, and improving quality of life. The creative arts therapies offer social, emotional, physical, and cognitive benefits for everyone, including family members and caregivers.

11:00 am [SESSION III]: Continued

D. Legal Issues I: Employment & Benefits

Speaker: Stephanie Fajuri, Esq, Program Director, Cancer Legal Resource Center

Navigating a cancer diagnosis in the workplace poses potential challenges and pitfalls. This presentation will discuss laws that offer protections to patients in various stages of employment and discuss ways that employees can use those laws to maintain income and access benefits.

E. Seizure Management

Speaker: Daniel O'Connell, MD, Fellow, UCLA Neuro-Oncology Program

History, epidemiology, classifications, causes and risk factors of seizures are discussed. Learn how to manage seizures and what drugs are used for treatment.

F. Neuropsychology and Brain Tumors [repeat from Friday]

Speaker: Patricia Walshaw, PhD, Assistant Professor, UCLA Department of Psychiatry & Biobehavioral Sciences

What are the common cognitive difficulties that brain tumor patients experience? What can be done to help manage and treat these specific concerns? Learn about everyday living involving memory, attention, language, spatial skills, and organization.

11:45 am

LUNCH

12:45 pm [SESSION IV]: **A. End of Life Issues II: Advance Care Planning**

Speaker: Neil Wenger, MD, MPH; Professor of Medicine; Director, UCLA Health Ethics Center

It is important to discuss with your loved ones your wishes and plans for your future health care and end of life care. This session will cover things you should consider to ensure your preferences for your future care are met in the event you are unable to communicate or make your decisions on your own.

B. Qi Gong Exercise

Instructor: Michael Sieverts, Qi Gong Instructor

Qi gong means "the study of energy." Participate in this exercise, which is a series of movements and coordinated breathing that is designed to maintain shining health and excellent focus. Learn how to integrate this exercise into recovery.

C. Symptom Management

Speaker: Nanette Fong, RN, MSN, NP; Nurse Practitioner, UCLA Neuro-Oncology

Symptoms from brain tumors and side-effects of associated treatments are discussed. Learn about the causes and side effects of these symptoms, and what you can do to manage them.

D. Legal Issues II: Navigating Health Insurance

Speaker: Stephanie Fajuri, Esq, Program Director, Cancer Legal Resource Center

Health insurance can be complex and frustrating to patients attempting to advocate for care. This presentation will offer ideas and strategies to allow patients to learn what health insurance options exist and how to get the most out of their existing plan.

E. Ketogenic Diet

Speaker: Joyce Matsumoto, MD, Assistant Clinical Professor, UCLA Department of Pediatric Neurology

This session will discuss what a ketogenic diet is and how it benefits brain tumors patients. Specific foods and portion sizes will also be discussed.

1:45pm [SESSION V]: **A. What You and Your Family Should Know About the Social Security Disability (SSDI) Program and the Supplemental Security Income (SSI) Disability Program**

Speaker: Essie L. Landry; Public Affairs Specialist, Social Security Administration

The Social Security Administration administers disability benefits for many people. Social Security reaches almost every family, and at some point will touch the lives of nearly all Americans. In this session, learn about the SSDI and SSI Programs and how it can help workers who have become disabled.

B. Understanding Clinical Trials

Speaker: Stacey Green, RN, MSN, NP; Nurse Practitioner, UCLA Neuro-Oncology

Find out what a clinical trial is, why it is conducted and the pros and cons of participating in one. If interested in the latest experimental therapies, please attend "Update in Experimental Therapies" on Friday, March 10th

C. Nutrition for Brain Tumor Patients [repeat from Friday]

Speaker: Carolyn Katzin, MSPH, CNS; Integrative Oncology Specialist, Simms/Mann UCLA Center for Integrative Oncology

What types of foods provide benefits? What food and supplements should you avoid during treatment? Learn about brain metabolism and nutrition, barriers to eating healthy and how to manage your diet during treatment and while living with a brain tumor.

D. Complementary and Alternative Therapies

Speaker: TBA

E. The Basics of Mindfulness for Self-Care and Stress Management

Speaker: Marvin G. Belzer, PhD; Associate Director, UCLA Mindful Awareness Research Center

Mindfulness is the art of openly and actively paying attention to experience in the present moment. This approach has scientific support as a means to reduce stress, improve attention, boost the immune system, reduce emotional reactivity, and promote a general sense of health and wellness. This workshop will engage participants in several experiential practices where they will explore the basics of mindfulness meditation as well as methods to cultivate positive emotions, with special emphasis on reduction of stress.

F. Understanding the Family Experience [Extended Session: 1:45pm to 3:15pm]

Facilitators: Jacqueline Dillon, MSW, UCLA Oncology Center & Liz Morasso, LCSW, UCLA Radiation Oncology; Cheryl Abe, MSW, LCSW, UCLA Department of Neurology

Listen to a panel of family members sharing their experiences with brain tumors and how they have managed to cope with the effects it has had on their family lives.

UCLA Brain Tumor Conference Registration

Registration by fax and online must be submitted by Tuesday, March 7, 2017
Registration by mail must be postmarked by Saturday, March 4, 2017

QUESTIONS - Please call (310) 206-3610 or email at neuroonc@ucla.edu

Online registration available at www.neurooncology.ucla.edu

If registering by mail, please send to:
UCLA Brain Tumor Conference
c/o UCLA Neuro-Oncology Program
710 Westwood Plaza, RNRC Suite #1-230
Los Angeles, CA 90095

You may also fax this form to: (310) 825-0644

***If registering family members or companions, please complete a separate registration form for each attendee.

FIRST & LAST NAME _____

I AM A: patient caregiver family member healthcare professional other: _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

TELEPHONE/MOBILE PHONE # _____ FACSIMILE # _____

EMAIL ADDRESS _____

PLEASE INDICATE WHICH SESSION(S) YOU PLAN TO ATTEND FOR EACH DAY

FRIDAY, MARCH 10, 2017

GENERAL SESSIONS: 9:00 am Welcome & Overview of Brain Tumors 3:45 pm Updates in Experimental Therapies
 10:00 am Neurosurgery Techniques

BREAKOUT SESSIONS Please choose **ONLY ONE** during each hour:

	TRACK ONE	TRACK TWO
11:00 am	<input type="checkbox"/> Radiation Therapy/Stereotactic Radiosurgery & Brain Metastasis	<input type="checkbox"/> Nutrition for Brain Tumor Patients
1:00 pm	<input type="checkbox"/> Understanding Neuropathology	<input type="checkbox"/> Understanding Language Impairments
1:45 pm	<input type="checkbox"/> Chemotherapies & Biological Agents	<input type="checkbox"/> Neuropsychology and Brain Tumors
2:45 pm	<input type="checkbox"/> Brain Tumor Imaging	<input type="checkbox"/> Coping with Cancer Fatigue

SATURDAY, MARCH 11, 2017 BREAKOUT SESSIONS Please choose **ONLY ONE** from each session:

SESSION I - 9:00 am	<input type="checkbox"/> A. GBM & Anaplastic Tumors <input type="checkbox"/> B. Low Grade Tumors & Oligodendrogliomas	<input type="checkbox"/> C. Meningiomas
SESSION II - 10:00 am	<input type="checkbox"/> A. The Caregiver Experience <input type="checkbox"/> B. Integrating PsychoSocial Support <input type="checkbox"/> C. Creative Arts Therapy I	<input type="checkbox"/> D. Optimizing Communication with Aphasia
SESSION III - 11:00 am	<input type="checkbox"/> A. End of Life Issues I <input type="checkbox"/> B. Helping Children <input type="checkbox"/> C. Creative Arts Therapy II	<input type="checkbox"/> D. Legal Issues I: Employment & Benefits <input type="checkbox"/> E. Seizure Management <input type="checkbox"/> F. Neuropsychology/Brain Tumors [repeat from Friday]
SESSION IV - 12:45 pm	<input type="checkbox"/> A. End of Life Issues II <input type="checkbox"/> B. Qi Gong Exercise <input type="checkbox"/> C. Symptom Management	<input type="checkbox"/> D. Legal Issues II: Navigating Health Insurance <input type="checkbox"/> E. Ketogenic Diet
SESSION V - 1:45 pm	<input type="checkbox"/> A. What You Should Know: SSDI/SSI <input type="checkbox"/> B. Understanding Clinical Trials <input type="checkbox"/> C. Nutrition [repeat from Friday]	<input type="checkbox"/> D. Complementary and Alternative Therapies <input type="checkbox"/> E. Basics of Mindfulness for Self Care & Stress Mgmt. <input type="checkbox"/> F. Family Experience Panel [extended session to 3:15pm]

DO YOU REQUIRE A VEGETARIAN MEAL? yes no

DO YOU REQUIRE SPECIAL ASSISTANCE? yes no Please Specify: _____

ARE YOU CURRENTLY RECEIVING TREATMENT AT UCLA? yes no

HOW DID YOU HEAR ABOUT THIS CONFERENCE? _____