Join brain tumor survivors, family members, friends and health care professionals at the 17th Annual Brain Tumor Conference, hosted by the UCLA Brain Tumor Center. This conference will offer participants the opportunity to hear leading healthcare professionals speak about the latest treatments for brain tumors. Attendees will also have a chance to learn about symptom management, community resources and social support. Representatives from brain tumor organizations, health advocacy agencies, and support groups will also be available to offer vital information and resources catering to the brain tumor community.

**When:**
Friday, March 10, 2017
8:00am to 5:00pm

Saturday, March 11, 2017
8:00am to 3:15pm

**Where:**
UCLA Carnesale Commons
251 Charles Young Dr W, 3rd Floor
Los Angeles, CA

**Parking:**
Parking Structure Sunset Village (PSV)
* Daily Parking Permit: $12
* Daily Disabled Parking Permit: $6

**Free Conference Registration at** [http://neurooncology.ucla.edu](http://neurooncology.ucla.edu)

**Directions**
* Take the San Diego Freeway (I-405)
* Exit Sunset Blvd EAST
* Head EAST on Sunset Bl, past Veteran Ave
* Turn RIGHT at Bellagio Drive
* Make a LEFT at the stop, and continue down the road; Parking Structure Sunset Village (PSV) will be on your Right.

Prior to parking, you may choose to drop off guests at the front entrance of Carnesale Commons.

**ON FRIDAY, from 7am to 2pm,** purchase a daily parking permit from the attendant stationed at the gate and park in an unrestricted space.

After 2:00pm, if paying via credit card or cash, proceed to park in a designated Parking Pay Station space and go to the nearest Parking Pay Station to pay for a permit. [You may also purchase a parking pass via cash at the UCLA Information and Parking Kiosk located on Westwood Plaza & Strathmore Drive.] Park in an unrestricted space in PSV. Overflow parking will be directed to Parking Structure 7.

**ON SATURDAY, from 7am to 12:30pm,** purchase a daily parking permit from the attendant stationed at the gate and park at an unrestricted space.

After 12:30pm, if paying via credit card or cash, proceed to park in a designated Parking Pay Station space and go to the nearest Parking Pay Station to pay for a permit. [You may also purchase a parking pass via cash at the UCLA Information and Parking Kiosk located on Westwood Plaza & Strathmore Drive.] Park in an unrestricted space in PSV. Overflow parking will be directed to Parking Structure 7.

Upon exiting the parking structure, please follow signs leading to the Brain Tumor Conference at UCLA Carnesale Commons. Once in Carnesale Commons, take the elevator to the 3rd floor.
# Friday, March 10, 2017: General Sessions

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker/Details</th>
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<tbody>
<tr>
<td>8:00 am</td>
<td>Registration &amp; Continental Breakfast</td>
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| 9:00 am | Welcome Note & Overview of Brain Tumors                                                       | Speaker: Timothy F. Cloughesy, M.D.  
Professor of Clinical Neurology, UCLA Department of Neurology;  
Director, UCLA Neuro-Oncology Program; Co-Director, UCLA Brain Tumor Center                                      |
| 10:00 am | Neurosurgery Techniques                                                                        | Speaker: Won Kim, M.D.  
Assistant Professor, UCLA Department of Neurosurgery                                                                                               |
| 11:00 am | **TRACK ONE** Radiation Therapy                                                               | Speaker: Robert Chin, MD  
Assistant Professor, UCLA Dept of Radiation Oncology                                                                                               |
|       | Stereotactic Radiosurgery / Brain Metastasis                                                   | Speaker: Nader Pouratian, MD, PhD  
Associate Professor, UCLA Dept of Neurosurgery                                                                                                                                |
| 12:15 pm | LUNCH                                                                                          |                                                                                                                                                 |
| 1:00 pm  | Understanding Neuropathology                                                                  | Speaker: William H. Yong, M.D.  
Professor, UCLA Dept of Pathology and Laboratory Medicine; Director of UCLA Brain Tumor Translational Resource |
| 1:45 pm  | Chemotherapies & Biological Agents                                                             | Speaker: Albert Lai, M.D., Ph.D.  
Associate Professor, UCLA Dept of Neurology; UCLA Neuro-Oncology Program                                                                 |
| 2:45 pm  | Brain Tumor Imaging                                                                           | Speaker: Whitney Pope, M.D., Ph.D.  
Professor in Residence, UCLA Dept of Radiological Sciences; Director, Brain Tumor Imaging                                                   |
| 3:30 pm  | AFTERNOON BREAK                                                                               |                                                                                                                                                 |
| 3:45 pm  | Updates in Experimental Therapies                                                              | Speaker: Leia Nghiemp nhu, M.D.  
Associate Professor of Clinical Neurology, UCLA Department of Neurology; Director of Neuro-Oncology Clinical Service, UCLA Neuro-Oncology Program; Director of Operations, UCLA Brain Tumor Center |

<table>
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<tr>
<th>Time</th>
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</table>
| 11:00 am | **TRACK TWO** Nutrition for Brain Tumor Patients                                              | Speaker: Carolyn Katzin, MS, CNS, MNT  
Integrative Oncology Specialist, Simms/Mann UCLA Center for Integrative Oncology                                                                 |
| 12:15 pm | LUNCH                                                                                          |                                                                                                                                                 |
| 1:00 pm  | Understanding Language Impairments                                                            | Speaker: Susan Bookheimer, PhD  
Professor, UCLA Dept of Psychiatry and Biobehavioral Sciences                                                                                   |
| 1:45 pm  | Neuropsychology and Brain Tumors                                                              | Speaker: Patricia Walshaw, PhD  
Assistant Professor, UCLA Dept of Psychiatry and Biobehavioral Sciences                                                                            |
| 2:45 pm  | Coping with Cancer Fatigue                                                                    | Speaker: Arash Asher, MD  
Director, Cancer Survivorship and Rehabilitation at Cedars-Sinai Medical Center; Cedars-Sinai Samuel Oschin Comprehensive Cancer Center |

## PHYSICIAN CONSULT SESSIONS
(Friday, March 10, 2017 Only)

Participants will also have the opportunity to register for a free, 15-minute consultation with a participating physician specializing in neurooncology, neurosurgery, or radiation-oncology (subject to change). Here is your chance to meet with a physician in a one-on-one setting to ask questions regarding your medical care. Appointments are limited and only available on Friday, March 10th. Those interested in a consultation should sign up upon arrival at the registration desk. Appointments will not be taken prior to the day of the event.
Saturday, March 11, 2017: Breakout Sessions

8:00 am  Registration & Continental Breakfast

9:00 am [SESSION I]:  
A. Tumor Type: Glioblastoma Multiforme & Anaplastic Tumors  
Speaker: Timothy Cloughesy, MD, Professor of Clinical Neurology, UCLA Department of Neurology;  
Director of UCLA Neuro-Oncology Program; Co-Director, UCLA Brain Tumor Center  
An in-depth look at treatment options for GBM and Anaplastic Astrocytoma is presented. Learn about first line  
and recurrent treatments, molecular biomarkers, clinical outcomes, targeted therapies, and the latest on  
clinical research trials for GBM/AA tumors.

B. Tumor Type: Low Grade Tumors & Oligodendrogliomas  
Speaker: Albert Lai, MD, Ph.D., UCLA Neuro-Oncology Program  
Get a closer look at low grade tumors. Epidemiology, treatment options and future directions for these tumor  
types are discussed.

C. Tumor Type: Meningiomas  
Speaker: Isaac Yang, M.D., Associate Professor, UCLA Department of Neurosurgery  
This lecture will cover the history, pathology and the different classifications of meningioma. Symptoms,  
standard treatment options and clinical trials for this specific diagnosis will also be covered.

10:00 am [SESSION II]:  
A. Understanding the Caregiver Experience: A Caregiver Panel (*Caregivers Only)  
Facilitators: Leia Nghiemphu, MD, UCLA Neuro-Oncology Program; Liz Morasso, LCSW, UCLA  
Department of Radiation Oncology; Jacqueline Dillon, MSW, UCLA Oncology Center; Cheryl Abe, LCSW,  
MSW, UCLA Department of Neurology  
Listen to a panel of caregivers share their experiences with their loved ones and their brain tumors and how  
they have managed to cope with the effects it has had on their lives.

B. Integrating Psychosocial Support Into Treatment: “The Patient-Active Approach” - A Patient-Survivor Panel  
Facilitator: Shannon La Cava, PsyD; Program Director, Cancer Support Community Benjamin Center  
Listen to and interact with a panel of patient survivors who share their experiences of living with a brain  
tumor, and discover the benefits of social support groups.

C. Creative Arts Therapies I: An Experiential Panel Presentation - Music and Writing Therapies  
Speakers: Karen Howard, RMT, CEAP, Founder of Music & Expressive Therapy Associates;  
Ping Ho, MA, MPH, Founding Director of UCLArts & Healing  
Leading experts in creative arts therapy in writing and music will offer an experiential demonstration of the  
principles of their work. A study published in the Journal of the American Medical Assoc. - Internal Medicine  
analyzed the outcome of 27 studies of creative arts therapies used with cancer patients and concluded that  
they were beneficial for reducing anxiety, depression and pain, and improving quality of life. The creative arts  
therapies offer social, emotional, physical, and cognitive benefits for everyone, including family members and  
caregivers.

D. Optimizing Communication with Aphasia  
Speaker: Natalie Monahan, MS, SLP; Speech Pathologist, UCLA Audiology & Speech Pathology  
Aphasia is a speech-language comprehension disorder that can be caused by brain tumors. Learn more  
about aphasia and what kinds of therapy are available.

E. Mindfulness Meditation as Medicine  
Speaker: Emily Lauren Berg, MDiv  
Discover mindfulness meditation and how to practice this technique to cultivate peace and balance in  
everyday life. Learn about the benefits that mindfulness meditation has for cancer patients.

11:00 am [SESSION III]:  
A. End of Life Issues I: Symptoms and Clinical Transitions  
Speakers: Leia Nghiemphu, MD, UCLA Neuro-Oncology Program  
Gather information about end of life care for brain tumor patients, what changes to expect, and information  
about hospice and palliative care.

B. Helping Children When A Parent Has A Brain Tumor  
Speaker: Elizabeth Morasso, LCSW, UCLA Department of Radiation Oncology  
When a parent is diagnosed with a brain tumor, the diagnosis affects the whole family especially his or her  
children. Discover how to help children understand and cope with their parent’s diagnosis.

C. Creative Arts Therapies II: An Experiential Panel Presentation - Movement and Art Therapies  
Speakers: Lori Baudino, PsyD, BC-DMT, Licensed Clinical Psychologist & Dance/Movement Therapist,  
UCLA Mattel Children’s Hospital; Myriam Savage, PhD, RDT/BCT, UCLArts & Healing  
Leading experts in creative arts therapy in art and movement will offer an experiential demonstration  
of the principles of their work. A study published in the Journal of the American Medical Assoc. - Internal  
Medicine analyzed the outcome of 37 studies of creative arts therapies used with cancer patients and  
concluded that they were beneficial for reducing anxiety, depression and pain, and improving quality of life.  
The creative arts therapies offer social, emotional, physical, and cognitive benefits for everyone, including  
family members and caregivers.
11:00 am [SESSION III]: Continued

D. Legal Issues I: Employment & Benefits
   Speaker: Stephanie Fajuri, Esq, Program Director, Cancer Legal Resource Center
   Navigating a cancer diagnosis in the workplace poses potential challenges and pitfalls. This presentation will discuss laws that offer protections to patients in various stages of employment and discuss ways that employees can use those laws to maintain income and access benefits.

E. Seizure Management
   Speaker: Daniel O’Connell, MD, Fellow, UCLA Neuro-Oncology Program
   History, epidemiology, classifications, causes and risk factors of seizures are discussed. Learn how to manage seizures and what drugs are used for treatment.

F. Neuropsychology and Brain Tumors [repeat from Friday]
   Speaker: Patricia Walshaw, PhD, Assistant Professor, UCLA Department of Psychiatry & Biobehavioral Sciences
   What are the common cognitive difficulties that brain tumor patients experience? What can be done to help manage and treat these specific concerns? Learn about everyday living involving memory, attention, language, spatial skills, and organization.

11:45 am LUNCH

12:45 pm [SESSION IV]:

A. End of Life Issues II: Advance Care Planning
   Speaker: Neil Wenger, MD, MPH; Professor of Medicine; Director, UCLA Health Ethics Center
   It is important to discuss with your loved ones your wishes and plans for your future health care and end of life care. This session will cover things you should consider to ensure your preferences for your future care are met in the event you are unable to communicate or make your own decisions.

B. Qi Gong Exercise
   Instructor: Michael Sieverts, Qi Gong Instructor
   Qi gong means “the study of energy.” Participate in this exercise, which is a series of movements and coordinated breathing that is designed to maintain shining health and excellent focus. Learn how to integrate this exercise into your recovery.

C. Symptom Management
   Speaker: Nanette Fong, RN, MSN, NP; Nurse Practitioner, UCLA Neuro-Oncology
   Symptoms from brain tumors and side-effects of associated treatments are discussed. Learn about the causes and side effects of these symptoms, and what you can do to manage them.

D. Legal Issues II: Navigating Health Insurance
   Speaker: Stephanie Fajuri, Esq, Program Director, Cancer Legal Resource Center
   Health insurance can be complex and frustrating to patients attempting to advocate for care. This presentation will offer ideas and strategies to allow patients to learn what health insurance options exist and how to get the most out of their existing plan.

E. Ketogenic Diet
   Speaker: Joyce Matsumoto, MD, Assistant Clinical Professor, UCLA Department of Pediatric Neurology
   This session will discuss what a ketogenic diet is and how it benefits brain tumors patients. Specific foods and portion sizes will also be discussed.

1:45 pm [SESSION V]:

A. What You and Your Family Should Know About the Social Security Disability (SSDI) Program and the Supplemental Security Income (SSI) Disability Program
   Speaker: Essie L. Landry; Public Affairs Specialist, Social Security Administration
   The Social Security Administration administers disability benefits for many people. Social Security reaches almost every family, and at some point will touch the lives of nearly all Americans. In this session, learn about the SSDI and SSI Programs and how it can help workers who have become disabled.

B. Understanding Clinical Trials
   Speaker: Stacey Green, RN, MSN, NP; Nurse Practitioner, UCLA Neuro-Oncology
   Find out what a clinical trial is, why it is conducted and the pros and cons of participating in one. If interested in the latest experimental therapies, please attend “Update in Experimental Therapies” on Friday, March 10th.

C. Nutrition for Brain Tumor Patients [repeat from Friday]
   Speaker: Carolyn Katzin, MSPH, CNS; Integrative Oncology Specialist, Simms/Mann UCLA Center for Integrative Oncology
   What types of foods provide benefits? What food and supplements should you avoid during treatment? Learn about brain metabolism and nutrition, barriers to eating healthy and how to manage your diet during treatment and while living with a brain tumor.

D. Complementary and Alternative Therapies
   Speaker: TBA

E. The Basics of Mindfulness for Self-Care and Stress Management
   Speaker: Marvin G. Belzer, PhD; Associate Director, UCLA Mindful Awareness Research Center
   Mindfulness is the art of openly and actively paying attention to experience in the present moment. This approach has scientific support as a means to reduce stress, improve attention, boost the immune system, reduce emotional reactivity, and promote a general sense of health and wellness. This workshop will engage participants in several experiential practices where they will explore the basics of mindfulness meditation as well as methods to cultivate positive emotions, with special emphasis on reduction of stress.

F. Understanding the Family Experience [Extended Session: 1:45pm to 3:15pm]
   Facilitators: Jacqueline Dillon, MSW, UCLA Oncology Center & Liz Morasso, LCSW, UCLA Radiation Oncology; Cheryl Abe, MSW, LCSW, UCLA Department of Neurology
   Listen to a panel of family members sharing their experiences with brain tumors and how they have managed to cope with the effects it has had on their family lives.
UCLA Brain Tumor Conference

Registration

Registration by fax and online must be submitted by Tuesday, March 7, 2017
Registration by mail must be postmarked by Saturday, March 4, 2017

QUESTIONS - Please call (310) 206-3610 or email at neuroonc@ucla.edu

***If registering family members or companions, please complete a separate registration form for each attendee.

FIRST & LAST NAME __________________________________________________________________________________________

I AM A:  [ ] patient  [ ] caregiver  [ ] family member  [ ] healthcare professional  [ ] other: ___________________________

ADDRESS __________________________________________________________________________________________________
CITY __________________________________________ STATE _______________ ZIP CODE __________________________

TELEPHONE/MOBILE PHONE # __________________________________  FACSIMILE # __________________________________
EMAIL ADDRESS _____________________________________________________________________________________________

PLEASE INDICATE WHICH SESSION(S) YOU PLAN TO ATTEND FOR EACH DAY

FRIDAY, MARCH 10, 2017

GENERAL SESSIONS:  [ ] 9:00 am Welcome & Overview of Brain Tumors  [ ] 3:45 pm Updates in Experimental Therapies
[ ] 10:00 am Neurosurgery Techniques

BREAKOUT SESSIONS  Please choose ONLY ONE during each hour:

TRACK ONE  TRACK TWO
11:00 am  [ ] Radiation Therapy/Stereotactic  [ ] Nutrition for Brain Tumor Patients
Radiosurgery & Brain Metastasis
1:00 pm  [ ] Understanding Neuropathology  [ ] Understanding Language Impairments
1:45 pm  [ ] Chemotherapies & Biological Agents  [ ] Neuropsychology and Brain Tumors
2:45 pm  [ ] Brain Tumor Imaging  [ ] Coping with Cancer Fatigue

SATURDAY, MARCH 11, 2017

BREAKOUT SESSIONS  Please choose ONLY ONE from each session:

SESSION I - 9:00 am  [ ] A. GBM & Anaplastic Tumors  [ ] C. Meningiomas
[ ] B. Low Grade Tumors & Oligodendrogliomas
SESSION II - 10:00 am  [ ] A. The Caregiver Experience  [ ] D. Optimizing Communication with Aphasia
[ ] B. Integrating PsychoSocial Support  [ ] E. Seizure Management
[ ] C. Creative Arts Therapy I
SESSION III - 11:00 am  [ ] A. End of Life Issues I  [ ] D. Legal Issues I: Employment & Benefits
[ ] B. Helping Children  [ ] E. Seizure Management
[ ] C. Creative Arts Therapy II
SESSION IV - 12:45 pm  [ ] A. End of Life Issues II  [ ] D. Legal Issues II: Navigating Health Insurance
[ ] B. Qi Gong Exercise  [ ] E. Ketogenic Diet
[ ] C. Symptom Management
SESSION V - 1:45 pm  [ ] A. What You Should Know: SSDI/SSI  [ ] D. Complementary and Alternative Therapies
[ ] B. Understanding Clinical Trials  [ ] E. Basics of Mindfulness for Self Care & Stress Mgmt.
[ ] C. Nutrition [repeat from Friday]  [ ] F. Family Experience Panel [extended session to 3:15 pm]

DO YOU REQUIRE A VEGETARIAN MEAL?  [ ] yes  [ ] no
DO YOU REQUIRE SPECIAL ASSISTANCE?  [ ] yes  [ ] no  Please Specify:    _____________________________________________________
ARE YOU CURRENTLY RECEIVING TREATMENT AT UCLA?  [ ] yes  [ ] no
HOW DID YOU HEAR ABOUT THIS CONFERENCE? ___________________________________________________________________________