JOIN US at the 18th Annual UCLA Brain Tumor Conference, and hear leading healthcare professionals and patient advocates speak about the latest treatments for brain tumors, symptom management and resources to help one manage and navigate living with a brain tumor. Also visit with representatives from brain tumor organizations, health advocacy groups and support groups to learn about resources available to the brain tumor community.

DIRECTIONS

- Take the San Diego Freeway (I-405)
- Exit Sunset Blvd EAST
- Head EAST on Sunset BL, past Veteran Ave
- Turn RIGHT at Bellagio Drive
- Make a LEFT at the stop, and continue down the road; Parking Structure Sunset Village (PSV) will be on your Right.
- Prior to parking, you may choose to drop off guests at the front entrance of Carnesale Commons.

**On Friday, from 7am to 2pm,** purchase a daily parking permit from the attendant stationed at the gate and park in an unrestricted space.

After 2:00pm, if paying via credit card or cash, proceed to park in a designated Parking Pay Station space and go to the nearest Parking Pay Station to pay for a permit. [You may also purchase a parking pass via cash at the UCLA Information and Parking Kiosk located on Westwood Plaza & Strathmore Drive.]

Park in an unrestricted space in PSV. Overflow parking will be directed to Parking Structure 7.

**On Saturday, from 7am to 12:30pm,** purchase a daily parking permit from the attendant stationed at the gate and park at an unrestricted space.

After 12:30pm, if paying via credit card or cash, proceed to park in a designated Parking Pay Station space and go to the nearest Parking Pay Station to pay for a permit. [You may also purchase a parking pass via cash at the UCLA Information and Parking Kiosk located on Westwood Plaza & Strathmore Drive.]

Park in an unrestricted space in PSV. Overflow parking will be directed to Parking Structure 7.

* Upon exiting the parking structure, please follow signs leading to the Brain Tumor Conference at UCLA Carnesale Commons. Then, take the elevator to the 3rd floor.

When: Friday, May 18 from 8:00am - 5:00pm  
Saturday, May 19 from 8:00am-3:15pm

Where: UCLA Carnesale Commons  
251 Charles Young Dr West 3rd Floor  
Los Angeles, CA

Registration Cost: FREE  
Parking: Parking Structure Sunset Village (PSV)  
* Daily Parking Pass: $12  
* Daily Disabled Parking Pass: $7
Friday, May 18, 2018: General Sessions

8:00 am  Registration & Continental Breakfast

9:00 am  Welcome Note & Overview of Brain Tumors
     Timothy Cloughesy, MD; Professor of Clinical Neurology, UCLA Department of Neurology; Director of UCLA Neuro-Oncology Program; Co-Director, UCLA Brain Tumor Center

10:00 am  Neurosurgery Techniques
     Linda M. Liau, MD, PhD, MBA; Professor and Chair, UCLA Department of Neurosurgery; Director, UCLA Brain Tumor Program; Co-Director, UCLA Brain Tumor Center

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<tr>
<th>TRACK ONE</th>
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<tbody>
<tr>
<td>11:00 am Radiation Therapy; Stereotactic</td>
<td>Nutrition for Brain Tumor Patients</td>
<td>Lunch</td>
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<tr>
<td>Radiosurgery; Brain Metastasis</td>
<td>Carolyn Katzin, MS, CNS, MNT</td>
<td>Medical and Recreational Cannabinoid Use: Toxicity, Safety, and Efficacy</td>
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<tr>
<td>Tania Kapreliian, MD</td>
<td>Integrative Oncology Specialist;</td>
<td>Thomas B. Strouse, MD</td>
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<tr>
<td>Chief of CNS Service &amp; Assistant</td>
<td>Simms/Mann UCLA Center for</td>
<td>Professor, UCLA Psychiatry &amp; Biobehavioral Sciences; Medical Director, UCLA Resnick Neuropsychiatric Hospital</td>
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<tr>
<td>Clinical Professor, UCLA Radiation Oncology</td>
<td>Integrative Oncology</td>
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<tr>
<td>12:15 pm Lunch</td>
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<tr>
<td>1:00 pm Understanding Neuropathology</td>
<td>Understanding Language Impairments</td>
<td>Lunch</td>
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<tr>
<td>William H. Yong, MD</td>
<td>Susan Bookheimer, PhD</td>
<td>Medical and Recreational Cannabinoid Use: Toxicity, Safety, and Efficacy</td>
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<tr>
<td>Professor, UCLA Pathology and Laboratory Medicine; Director, UCLA Brain Tumor Translational Resource Center</td>
<td>Joaquin Fuster Professor of Cognitive Neuroscience, UCLA Psychiatry &amp; Biobehavioral Sciences; UCLA Resnick Neuropsychiatric Hospital</td>
<td>Thomas B. Strouse, MD</td>
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<tr>
<td>1:45 pm Chemotherapies &amp; Biological Agents</td>
<td>Neuropsychology &amp; Brain Tumors</td>
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<tr>
<td>Albert Lai, MD, PhD</td>
<td>Patricia Walshaw, PhD</td>
<td>Ketogenic Diet</td>
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<tr>
<td>Associate Professor, UCLA Neurology</td>
<td>Assistant Professor, UCLA Psychiatry &amp; Biobehavioral Sciences</td>
<td>Joyce Matsumoto, MD</td>
</tr>
<tr>
<td>UCLA Neuro-Oncology Program</td>
<td></td>
<td>Assistant Clinical Professor, UCLA Pediatrics; Medical Director, Ketogenic Diet Program</td>
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<td>Sarika Sewak, MPH, RDN</td>
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<tr>
<td>2:45 pm Brain Tumor Imaging</td>
<td>Coping with Cancer Fatigue</td>
<td>Dietitian, Ketogenic Diet Program</td>
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<tr>
<td>Whitney Pope, MD, PhD</td>
<td>Arash Asher, MD</td>
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<tr>
<td>Professor in Residence, UCLA</td>
<td>Director, Cancer Survivorship &amp;</td>
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<tr>
<td>Radiological Sciences; Director, Brain Tumor Imaging</td>
<td>Rehabilitation at Cedars-Sinai; Cedars-Sinai Samuel Oschin</td>
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<td></td>
<td>Comprehensive Cancer Center</td>
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3:30 pm  Afternoon Break

3:45 pm  Updates in Experimental Therapies
     Phioanh Leia Nghiemphu, MD; Associate Professor of Clinical Neurology, UCLA Department of Neurology; Director of Neuro-Oncology Clinical Service, UCLA Neuro-Oncology Program; Operations Director, UCLA Brain Tumor Center

PHYSICIAN CONSULT SESSIONS (Friday, May 18th Only)

Participants will also have the opportunity to register for a free, 15-minute consultation with a participating physician specializing in neuro-oncology, neurosurgery, or radiation-oncology (subject to change). This is an opportunity to meet with a physician in a one-on-one setting to ask questions regarding your medical care. Appointments are limited and only available on Friday, May 18th. Those interested in a consultation should sign up upon arrival at the registration desk. Appointments will not be taken prior to the day of the event.
# UCLA 18th Annual Brain Tumor Conference

**Saturday, May 19, 2018:** Breakout Sessions

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Description</th>
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<tbody>
<tr>
<td>8:00 am</td>
<td>Registration &amp; Continental Breakfast</td>
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<tr>
<td>9:00 am</td>
<td><strong>SESSION I:</strong> A. Tumor Type: Glioblastoma Multiforme &amp; Anaplastic Tumors</td>
<td>Speaker: Timothy Cloughesy, MD; Professor of Clinical Neurology, UCLA Department of Neurology; Director of UCLA Neuro-Oncology Program; Co-Director, UCLA Brain Tumor Center. An in-depth look at treatment options for GBM and Anaplastic Astrocytoma is presented. Learn about first line and recurrent treatments, molecular biomarkers, clinical outcomes, targeted therapies, and the latest on clinical research trials for GBM/AA tumors.</td>
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<td>B. Tumor Type: Low Grade Tumors &amp; Oligodendrogliomas</td>
<td>Speaker: Albert Lai, MD, PhD; Associate Professor in Residence, UCLA Neurology; UCLA Neuro-Oncology Program. Get a closer look at low grade tumors. Epidemiology, treatment options and future directions are discussed.</td>
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<td>C. Tumor Type: Meningiomas</td>
<td>Speaker: Richard M. Green, MD; Director of Neuro-Oncology, Kaiser Permanente Medical Center Los Angeles. This lecture will cover the history, pathology and the different classifications of meningioma. Symptoms, standard treatment options and clinical trials for this specific diagnosis will also be covered.</td>
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<td>D. Tumor Type: Rare Tumors and Pediatric Tumors</td>
<td>Speaker: Tom Belle Davidson, MD; Assistant Professor of Pediatrics, UCA Department of Pediatric Hematology-Oncology; Director, UCLA Pediatric Neuro-Oncology. Learn about rare brain tumors and pediatric brain tumors in a Q&amp;A style session.</td>
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<tr>
<td>10:00 am</td>
<td><strong>SESSION II:</strong> A. Understanding the Caregiver Experience: A Caregiver Panel (*Caregivers Only)</td>
<td>Facilitators: Leia Nghiemphu, MD; UCLA Neuro-Oncology Program / Jacqueline Dillon, MSW; UCLA Oncology Center / Liz Morasso, LCSW; UCLA Department of Radiation Oncology. Listen to a panel of caregivers share their experiences with their loved ones and their brain tumors and how they have managed to cope with the effects it has had on their lives.</td>
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<td>B. Integrating Psychosocial Support Into Treatment: “The Patient-Active Approach” - A Patient-Survivor Panel</td>
<td>Facilitator: Malcolm Schultz, JD, MFT; Cancer Support Community Los Angeles. Listen to and interact with a panel of patient survivors who share their experiences of living with a brain tumor, and discover the benefits of social support groups.</td>
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<td>C. Creative Arts Therapies I: An Experiential Presentation - Music Therapy</td>
<td>Speaker: Karen Howard, RMT, CEAP; Founder of Music &amp; Expressive Therapy Associates; UCLArts &amp; Healing. Leading expert in creative arts therapy in music will offer an experiential demonstration of the principles of their work. A study published in the Journal of the American Medical Assoc. - Internal Medicine analyzed the outcome of 27 studies of creative arts therapies used with cancer patients and concluded that they were beneficial for reducing anxiety, depression and pain, and improving quality of life. The creative arts therapies offer social, emotional, physical, and cognitive benefits for everyone, including patients, family members and caregivers.</td>
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<td>D. Seizure Management</td>
<td>Speaker: Byram Ozer, MD, PhD; Clinical Instructor and Fellow, UCLA Department of Neurology; UCLA Neuro-Oncology Program. History, epidemiology, classifications, causes and risk factors of seizures are discussed. Learn how to manage seizures and what drugs are used for treatment.</td>
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<tr>
<td>11:00 am</td>
<td><strong>SESSION III:</strong> A. End of Life Issues I: Symptoms and Clinical Transitions</td>
<td>Speakers: Lauren Michelson, RN, MSN, NP; Nurse Practitioner, UCLA Neuro-Oncology Program. Gather information about end of life care for brain tumor patients, what changes to expect, and information about hospice and palliative care.</td>
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<td></td>
<td>B. Symptom Management</td>
<td>Speaker: Nanette Fong, RN, MSN, NP; Nurse Practitioner, UCLA Neuro-Oncology Program. Symptoms from brain tumors and side-effects of associated treatments are discussed. Learn about the causes and side effects of these symptoms, and what you can do to manage them.</td>
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<td>C. Creative Arts Therapies II: An Experiential Presentation - Art Therapy</td>
<td>Speakers: Myriam Savage, PhD, RD/T/BCT; Director, SoCal Drama Therapy Center; UCLArts &amp; Healing. Leading expert in creative arts therapy in art will offer an experiential demonstration of the principles of their work. A study published in the Journal of the American Medical Assoc. - Internal Medicine analyzed the outcome of 27 studies of creative arts therapies used with cancer patients and concluded that they were beneficial for reducing anxiety, depression and pain, and improving quality of life. The creative arts therapies offer social, emotional, physical, and cognitive benefits for everyone, including patients, family members and caregivers.</td>
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<td>D. Legal Issues I: Employment &amp; Benefits</td>
<td>Speaker: Stephanie Fajuri, Esq; Program Director, Cancer Legal Resource Center. Navigating a cancer diagnosis in the workplace poses potential challenges and pitfalls. This presentation will discuss laws that offer protections to patients in various stages of employment and discuss ways that employees can use those laws to maintain income and access benefits.</td>
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</table>
11:45 am  Lunch

12:45 pm [SESSION IV]:

A. End of Life Issues II: Advance Care Planning
Speaker: TBA
It is important to discuss with your loved ones your wishes and plans for your future health care and end of life care. This session will cover things you should consider to ensure your preferences for your future care are met in the event you are unable to communicate or make your decisions on your own.

B. Qi Gong Exercise
Instructor: Michael Sieverts, Qi Gong Instructor
Qi gong means “the study of energy.” Participate in this exercise, which is a series of movements and coordinated breathing that is designed to maintain shining health and excellent focus. Learn how to integrate this exercise into recovery.

C. Understanding Clinical Trials
Speaker: Stacey Green, RN, MSN, NP; Nurse Practitioner, UCLA Neuro-Oncology
Find out what a clinical trial is, why it is conducted and the pros and cons of participating in one. If interested in the latest experimental therapies, please attend “Update in Experimental Therapies” on Friday, May 18th.

D. Legal Issues II: Navigating Health Insurance
Speaker: Stephanie Fajuri, Esq; Program Director, Cancer Legal Resource Center
Health insurance can be complex and frustrating to patients attempting to advocate for care. This presentation will offer ideas and strategies to allow patients to learn what health insurance options exist and how to get the most out of their existing plan.

E. Support for Families of Children with Brain Tumors
Speakers: Marla Knoll, MSW; UCLA Pediatric Hematology & Oncology / Katie Kolbeck, Child Life Specialist; UCLA Mattel Children’s Hospital
Learn about ways to cope and where to seek support for families and caregivers of children diagnosed with a brain tumor.

1:45pm [SESSION V]:

A. What You and Your Family Should Know About the Social Security Disability (SSDI) Program and the Supplemental Security Income (SSI) Disability Program
Speaker: Essie L. Landry; Public Affairs Specialist, Social Security Administration
The Social Security Administration administers disability benefits for many people. Social Security reaches almost every family, and at some point will touch the lives of nearly all Americans. In this session, learn about the SSDI and SSI Programs and how it can help workers who have become disabled.

B. Basics of Mindfulness for Self Care and Stress Management
Speaker: Marvin G. Belzer, PhD; Adjunct Associate Professor, UCLA Department of Psychiatry and Biobehavioral Sciences; Associate Director, UCLA Mindful Awareness Research Center
Discover mindfulness meditation and how to practice this technique to cultivate peace and balance in everyday life. Learn about the benefits that mindfulness meditation has for cancer patients.

C. Optimizing Communication with Aphasia
Speaker: Natalie Monahan, MS, SLP; Speech-Language Pathologist, UCLA Audiology & Speech Pathology
Aphasia is a speech-language comprehension disorder that can be caused by brain tumors. Learn more about aphasia and what kinds of therapy are available.

D. Nutrition for Brain Tumor Patients [repeat from Friday]
Speaker: Carolyn Katzin, MSPH, CNS; Integrative Oncology Specialist, Simms/Mann UCLA Center for Integrative Oncology
What types of foods provide benefits? What food and supplements should you avoid during treatment? Learn about brain metabolism and nutrition, barriers to eating healthy, and how to manage your diet during treatment and while living with a brain tumor.

E. Neuropsychology and Brain Tumors [repeat from Friday] [Extended Session: 1:45pm to 2:45pm]
Speaker: Patricia Walshaw, PhD; Assistant Professor, UCLA Department of Psychiatry and Biobehavioral Sciences
What are the common cognitive difficulties that brain tumor patients experience? What can be done to help manage and treat these specific concerns? Learn about everyday living involving memory, attention, language, spatial skills, and organization.

F. Understanding the Family Experience [Extended Session: 1:45pm to 3:15pm]
Facilitators: Jacqueline Dillon, MSW, UCLA Oncology Center / Liz Morasso, LCSW, UCLA Radiation Oncology
Listen to a panel of family members sharing their experiences with brain tumors and how they have managed to cope with the effects it has had on their family lives.

Online registration available at www.braintumor.ucla.edu
# UCLA Brain Tumor Conference

## Registration

Registration by fax and online must be submitted by Tuesday, May 15, 2018
Registration by mail must be postmarked by Saturday, May 12, 2018

**QUESTIONS** - Please call (310) 206-3610, or email neuroonc@mednet.ucla.edu

***If registering family members or companions, please complete a separate registration form for each attendee.***

---

**FIRST & LAST NAME** ____________________________________________________________________________________________________

I AM A [optional]:  
[ ] patient       
[ ] caregiver     
[ ] family member     
[ ] healthcare professional     
[ ] other: _______________________________

ADDRESS _____________________________________________________________________________________________________________

CITY ______________________________________________  STATE _______________  ZIP CODE _____________________________________

TELEPHONE/MOBILE PHONE # _______________________________________  FACSIMILE # _________________________________________

EMAIL ADDRESS _______________________________________________________________________________________________________

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### PLEASE INDICATE WHICH SESSION(S) YOU PLAN TO ATTEND FOR EACH DAY

#### FRIDAY, MAY 18, 2018

**GENERAL SESSIONS:**  
[ ] 9:00 am Welcome & Overview of Brain Tumors       
[ ] 10:00 am Neurosurgery Techniques

**BREAKOUT SESSIONS**  
Please choose **ONLY ONE** during each hour:

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<td>[ ] Nutrition for Brain Tumor Patients</td>
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<td>[ ] Understanding Neuropathology</td>
<td>[ ] Understanding Language Impairments</td>
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<td>1:45 pm</td>
<td>[ ] Chemotherapies &amp; Biol. Agents</td>
<td>[ ] Neuropsychology and Brain Tumors</td>
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<tr>
<td>2:45 pm</td>
<td>[ ] Brain Tumor Imaging</td>
<td>[ ] Coping with Cancer Fatigue</td>
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#### SATURDAY, MAY 19, 2018

**BREAKOUT SESSIONS**  
Please choose **ONLY ONE** from each session:

**SESSION I - 9:00 am**  
[ ] A. GBM & Anaplastic Tumors  
[ ] B. Low Grade Tumors & Oligodendrogliomas  
[ ] C. Meningiomas  
[ ] D. Rare Tumors & Pediatric Tumors

**SESSION II - 10:00 am**  
[ ] A. The Caregiver Experience Panel  
[ ] B. Patient-Survivor Experience Panel  
[ ] C. Creative Arts Therapy I: Music Therapy

**SESSION III - 11:00 am**  
[ ] A. End of Life: Symptoms/Clinical Transitions  
[ ] B. Symptom Management  
[ ] C. Creative Arts Therapy II: Art Therapy

**SESSION IV - 12:45 pm**  
[ ] A. End of Life: Advance Care Planning  
[ ] B. Qi Gong Exercise  
[ ] C. Understanding Clinical Trials

**SESSION V - 1:45 pm**  
[ ] A. What You Should Know: SSDI/SSI  
[ ] B. Basics of Mindfulness  
[ ] C. Optimizing Communication w/Aphasia  
[ ] D. Nutrition [repeat]  
[ ] E. Neuropsychology & Brain Tumors [repeat; extended to 2:45]  
[ ] F. Family Experience Panel [extended session to 3:15]

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DO YOU REQUIRE A VEGETARIAN MEAL?  
[ ] yes       
[ ] no

DO YOU REQUIRE SPECIAL ASSISTANCE?  
[ ] yes       
[ ] no       Please Specify:    ___________________________________________________________________

ARE YOU CURRENTLY RECEIVING TREATMENT AT UCLA?  
[ ] yes       
[ ] no       Tumor Type [optional]: ___________________________________________________

HOW DID YOU HEAR ABOUT THIS CONFERENCE?  
_________________________________________________________________________________